# NK Junioren A en B Sprint-Lange afstanden

**IJsbaan de Meent - Alkmaar**

**1 en 2 maart 2025**

## 16. Uitslag Mannen Jun B - afstanden 3000 meter

| Pos | | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|---|---|---|---|---|---|---|---|---|
| 1 | 85 | **Thijs Wiersma** | HB2 | 10 | I | **3:59.24** | TRC | |
| 2 | 81 | **Sem Spruit** | HB2 | 10 | O | **4:02.71** | | |
| 3 | 83 | **Friso van Vliet** | HB2 | 9 | I | **4:13.84** | | |
| 4 | 87 | **Pieter Zijlstra** | HB2 | 8 | O | **4:14.58** | | |
| 5 | 54 | **Philip Diniz** | HB2 | 7 | O | **4:14.84** | | |
| 6 | 55 | **Stian van Etten** | HB1 | 8 | I | **4:15.08** | | |
| 7 | 77 | **Damian Prijs** | HB1 | 6 | I | **4:15.75** | | |
| 8 | 82 | **Floris Verploeg** | HB2 | 4 | I | **4:16.90** | | |
| 9 | 57 | **Lars Groenheiden** | HB2 | 3 | O | **4:17.25** | | |
| 10 | 69 | **Taeke Jongbloed** | HB2 | 7 | I | **4:17.31** | | |
| 11 | 62 | **Jelte Hellinga** | HB2 | 5 | I | **4:18.41** | | |
| 12 | 76 | **Gijs Nolen** | HB2 | 9 | O | **4:19.02** | | |
| 13 | 75 | **Onne van Miltenburg** | HB2 | 5 | O | **4:19.82** | | |
| 14 | 48 | **Zeger Berends** | HB1 | 6 | O | **4:19.94** | | |
| 15 | 65 | **Sven Huizinga** | HB2 | 4 | O | **4:23.06** | | |
| 16 | 66 | **Lars van Ipenburg** | HB2 | 3 | I | **4:24.90** | | |
| 17 | 43 | **Huub Adema** | HB2 | 1 | O | **4:28.13** | | |
| 18 | 59 | **Moos van Hall** | HB1 | 2 | O | **4:33.32** | | |
| 19 | 44 | **Kian Baard** | HB2 | 2 | I | **4:34.26** | | |
| | 46 | **Luke Bavius** | HB2 | 1 | I | **DNF** | | |
| | 63 | **Jan-Hendrik Hoekstra** | HB2 | | | **WDR** | | |

Scheidsrechter: Steven te Brinke  Assistent: Loretta Staring  Starter: Frank Pak

Van 2-3-2025 11:40:00 tot 2-3-2025 15:41:13  Print: 2-3-2025 15:41:30